



## SCHOOL/REC CHEER TEAM DIVISIONS SHEET

NOTE: School/Rec teams must cheer/perform together for a regular season at an educational institution or recreation league.

### Cheer MOUNTING Divisions

DIVISION	# ON SQUAD	GRADE/AGE	MALE/FEMALE
Tiny*	5 – 35 Competitors	5 years and younger or still in Kindergarten	Male/Female combined
Mini Prep*	5 – 35 Competitors	7 years and younger or still in 2nd grade	Male/Female combined
Mini*	5 – 35 Competitors	9 years and younger or still in 4th grade	Male/Female combined
Junior Prep*	5 – 35 Competitors	11 years and younger or still in 6th grade	Male/Female combined
Small Jr. High/Middle School	5-12 Competitors	8th Grade & Under	Male/Female combined
Large Jr. High/Middle School	13-30 Competitors	8th Grade & Under	Male/Female combined
Small Freshman	5-12 Competitors	9th Grade	Male/Female combined
Large Freshman	13-30 Competitors	9th Grade	Male/Female combined
Small Junior Varsity	5-12 Competitors	9th Grade - 11th Grade	Up to one male
Large Junior Varsity	13-30 Competitors	9th Grade - 11th Grade	Up to one male
Junior Varsity Coed	13-30 Competitors	9th Grade - 11th Grade	2 or more males and at least 3 females
Small Varsity	5-12 Competitors	9th Grade - 12th Grade	Up to one male
Large Varsity	13-30 Competitors	9th Grade - 12th Grade	Up to one male
Small Varsity Coed	7 - 30 Competitors	9th Grade - 12th Grade	2 - 4 Males & at least 5 Females
Large Varsity Coed	10-30 Competitors	9th Grade - 12th Grade	5+ Males & at least 5 Females

### Cheer NON-MOUNTING, NON-TUMBLING, and NON-TUMBLING/NON-MOUNTING Divisions

**Non Mounting:** No pyramids, partner stunts, or tosses allowed

**Non-Tumbling:** This division will prohibit all tumbling, except for inversions into load in positions, stunts, and pyramids. Tumbling is defined as any skill with feet over head rotation.

**Non-Tumbling/Non-Mounting:** This division is based on crowd interaction only. No tumbling or mounting is permitted.

DIVISION	# ON SQUAD	GRADE/AGE	MALE/FEMALE
Tiny*	5 – 35 Competitors	5 years and younger or still in Kindergarten	Male/Female combined
Mini Prep*	5 – 35 Competitors	7 years and younger or still in 2nd grade	Male/Female combined
Mini*	5 – 35 Competitors	9 years and younger or still in 4th grade	Male/Female combined
Junior Prep*	5 – 35 Competitors	11 years and younger or still in 6th grade	Male/Female combined
Small Jr. High/Middle School	5-12 Competitors	8th Grade & Under	Male/Female combined
Large Jr. High/Middle School	13-30 Competitors	8th Grade & Under	Male/Female combined
Small Freshman	5-12 Competitors	9th Grade	Male/Female combined
Large Freshman	13-30 Competitors	9th Grade	Male/Female combined
Small Junior Varsity	5-12 Competitors	9th Grade - 11th Grade	Male/Female combined
Large Junior Varsity	13-30 Competitors	9th Grade - 11th Grade	Male/Female combined
Small Varsity	5-12 Competitors	9th Grade - 12th Grade	Male/Female combined
Large Varsity	13-30 Competitors	9th Grade - 12th Grade	Male/Female combined

**\*Depending on the size of the competition we may split these divisions into large and small.**

**“Large” Divisions may be split into “Medium” (13-20 competitors) & “Large” (21-30 competitors) if there are at least two teams available for each division.**



## ALL STAR CHEER TEAM DIVISIONS SHEET

Also note, the age of the competitor as of August 31, 2013 will be the age used for the competition purposes throughout the 2013-2014 season for all Youth / Rec Divisions.

### BASED ON USASF All-Star Cheer Divisions for 2013-2014

The age of the competitor as of August 31, 2013 will be the age used for competition purposes throughout the 2013-2014 season for all divisions.

DIVISION	AGE	MALE/FEMALE	# ON SQUAD	LEVELS
<b>Tiny Cheer</b>				
Tiny	5 yrs & Younger	Female/Male	5 - 32 Members	1
<b>Mini Cheer</b>				
Mini	8 yrs & Younger	Female/Male	5 - 32 Members	1, 2, 3
<b>Youth Cheer</b>				
Youth	11 yrs & Younger	Female/Male	5 - 32 Members	1, 2, 3, 4
Youth	11 yrs & Younger	Female/Male	5 - 36 Members	5
<b>Junior Cheer</b>				
Junior	14 yrs & Younger	Female/Male	5 - 32 Members	1, 2, 3, 4
Junior	14 yrs & Younger	No Males	5 - 36 Members	5
Junior Coed	14 yrs & Younger	1 or more Males	5 - 36 Members	5
<b>Senior Cheer</b>				
Senior	10 yrs - 18 yrs	Female/Male	5 - 32 Members	1, 2
Senior	10 yrs - 18 yrs	No Males	5 - 32 Members	3, 4
Senior Coed	10 yrs - 18 yrs	1 or more Males	5 - 32 Members	3, 4
Senior	10 yrs - 18 yrs	Female/Male	5 - 32 Members	4.2
Senior	12 yrs - 18 yrs	No Males	5 - 36 Members	5
Senior Small Coed	12 yrs - 18 yrs	1-4 Males	5 - 20 Members	5
Senior Medium Coed	12 yrs - 18 yrs	1-8 Males	5 - 30 Members	5
Senior Large Coed	12 yrs - 18 yrs	1-18 Males	5 - 36 Members	5
<b>Open Cheer</b>				
Open 5	15 yrs & Older	No Males	5 - 24 Members	5
Open Coed 5	15 yrs & Older	1 - 12 Males	5 - 24 Members	5
Open 6	17 yrs & Older	No Males	5 - 24 Members	6
Open Coed 6	17 yrs & Older	1 - 12 Males	5 - 24 Members	6
<b>Special Needs</b>				
Special Needs	Any Age	Male/Female	Unlimited	N/A

According to the USASF, the maximum size for a team is 32 competitors on the floor for the 2013-14 season, except for Levels 5 & 6 as noted.

\*\*\*Please remember, divisions may be combined to one division depending on the number of teams registered. Unfortunately, this is a possibility. We appreciate your understanding!\*\*\*

\*\*\*\*For previously designated "Small" and "Large" divisions based on total team size (see above chart), event producers will combine "Small" and "Large" teams into one division when there are not at least 2 teams registered for each of these respective divisions. (Exception: Divisions will not be combined if a gym has both a "Small" and a "Large" team competing in the same category, so as to avoid having a gym compete against itself.)

For divisions that have **not** previously been designated "Small" and "Large" based on total team size (see above chart), event producers may split the division into "Small" and "Large" divisions when there are at least **two** teams that will ultimately be registered in each respective division. The number of 5-20 ("Small") and 21-32 ("Large") (36 members for level 5 & 6) will be used as an initial guideline to split divisions.)





## INDIVIDUAL DIVISIONS SHEET

\*\*Please Note: Event producers may split all-star individuals into levels depending on the number of competitors in a particular division. \*\*

Division Name	Age/Grade	Gender	Size
<b>CHEER INDIVIDUAL</b>			
<b>School/Recreation</b> (If going by age, use August 31, 2013 as cut off)			
Tiny	5 years and younger or still in Kindergarten	Male/Female	1
Mini Prep	7 years and younger or still in 2nd grade	Male/Female	1
Mini	9 years and younger or still in 4th grade	Male/Female	1
Junior Prep	11 years and younger or still in 6th grade	Male/Female	1
Junior High/Middle School	7 <sup>th</sup> and 8 <sup>th</sup> grade	Male/Female	1
Junior Varsity	9 <sup>th</sup> and 10 <sup>th</sup> grade	Male/Female	1
Female Varsity	9 <sup>th</sup> – 12 <sup>th</sup> grade	Female	1
Male Varsity	9 <sup>th</sup> – 12 <sup>th</sup> grade	Male	1
Open	High School Graduate	Male/Female	1
<b>All Star</b> (The age of the competitor as of August 31, 2013)			
Tiny	5 years and younger	Male/Female	1
Mini	6-8 years old	Male/Female	1
Youth	9-11 years old	Male/Female	1
Junior	12-14 years old	Male/Female	1
Female Senior	15-18 years old	Female	1
Male Senior	15-18 years old	Male	1
Open Female	18 years and older	Female	1
Open Male	18 years and older	Male	1
<b>CROWDLEADER INDIVIDUAL (non-tumbling)</b>			
<b>School/Recreation</b> (If going by age, use August 31, 2013 as cut off)			
Tiny	5 years and younger or still in Kindergarten	Male/Female	1
Mini Prep	7 years and younger or still in 2nd grade	Male/Female	1
Mini	9 years and younger or still in 4th grade	Male/Female	1
Junior Prep	11 years and younger or still in 6th grade	Male/Female	1
Junior High/Middle School	7 <sup>th</sup> and 8 <sup>th</sup> grade	Male/Female	1
Junior Varsity	9 <sup>th</sup> and 10 <sup>th</sup> grade	Male/Female	1
Female Varsity	9 <sup>th</sup> – 12 <sup>th</sup> grade	Female	1
Male Varsity	9 <sup>th</sup> – 12 <sup>th</sup> grade	Male	1
Open	High School Graduate	Male/Female	1
<b>All Star</b> (The age of the competitor as of August 31, 2013)			
Tiny	5 years and younger	Male/Female	1
Mini	6-8 years old	Male/Female	1
Youth	9-11 years old	Male/Female	1
Junior	12-14 years old	Male/Female	1
Female Senior	15-18 years old	Female	1
Male Senior	15-18 years old	Male	1
Open Female	18 years and older	Female	1
Open Male	18 years and older	Male	1

Division Name	Age/Grade	Gender	# of Competitors
<b>PARTNER STUNT</b>			
<b>School/Recreation</b>			
Mini	2 <sup>nd</sup> – 4 <sup>th</sup> grade	Male/Female	2
Junior Prep	5 <sup>th</sup> & 6 <sup>th</sup> grade	Male/Female	2
Junior High/Middle School	7 <sup>th</sup> - 9 <sup>th</sup> grade	Male/Female	2
Varsity	9 <sup>th</sup> - 12 <sup>th</sup> grade	Male/Female	2
Open	High School Graduates	Male/Female	2
<b>All Star (The age of the competitor as of August 31, 2013)</b>			
Mini	6-8 years old	Male/Female	2
Youth	9-11 years old	Male/Female	2
Junior	12-14 years old	Male/Female	2
Senior	15-18 years old	Male/Female	2
Open	18 years and older	Male/Female	2
<b>STUNT GROUPS</b>			
<b>School/Recreation</b>			
Mini	2 <sup>nd</sup> – 4 <sup>th</sup> grade	All Female	4-5
Junior Prep	5 <sup>th</sup> & 6 <sup>th</sup> grade	All Female	4-5
Junior High/Middle School	7 <sup>th</sup> - 9 <sup>th</sup> grade	All Female	4-5
Varsity	9 <sup>th</sup> - 12 <sup>th</sup> grade	All Female	4-5
Varsity Coed	9 <sup>th</sup> - 12 <sup>th</sup> grade	1 or more Males	4-5
Open	High School Graduates	All Female	4-5
Open Coed	High School Graduates	1 or more Males	4-5
<b>All Star (The age of the competitor as of August 31, 2013)</b>			
Mini	6-8 years old	All Female	4-5
Youth	9-11 years old	All Female	4-5
Junior	12-14 years old	All Female	4-5
Senior	15-18 years old	All Female	4-5
Open	18 years and older	All Female	4-5
Open Coed	18 years and older	1 or more Males	4-5
<b>CHEER DUET/TRIO</b>			
<b>School/Recreation</b>			
Mini	2 <sup>nd</sup> – 4 <sup>th</sup> grade	Female/Male	2 or 3
Junior Prep	5 <sup>th</sup> & 6 <sup>th</sup> grade	Female/Male	2 or 3
Junior High/Middle School	7 <sup>th</sup> - 9 <sup>th</sup> grade	Female/Male	2 or 3
Varsity	9 <sup>th</sup> - 12 <sup>th</sup> grade	Female/Male	2 or 3
Open	High School Graduates	Female/Male	2 or 3
<b>All Star (The age of the competitor as of August 31, 2013)</b>			
Mini	6-8 years old	Female/Male	2 or 3
Youth	9-11 years old	Female/Male	2 or 3
Junior	12-14 years old	Female/Male	2 or 3
Senior	15-18 years old	Female/Male	2 or 3
Open	18 years and older	Female/Male	2 or 3
<b>OPEN CHEER TEAMS</b>			
Adult Cheer Performance	18 years and older	Female/Male	Unlimited
<b>OTHER DIVISIONS</b>			
School Fight Song	If you would like to perform your schools fight song with a dance.		
Cheer/Sideline Only	If you would like to perform a cheer for sideline from your school		
Exhibition/Other	If you would like to perform in as an exhibition team or do not see your		



TEAM DANCE DIVISIONS SHEET

<b>DANCE TEAMS</b>			
<b>School/Recreation</b>			
Elementary (Pom/Jazz/Hip Hop/Kick)	1 <sup>st</sup> Grade-5 <sup>th</sup> Grade	Female/Male	Unlimited
Jr. High (Pom/Jazz/Hip Hop/Kick)	6 <sup>th</sup> – 8 <sup>th</sup> Grade	Female/Male	Unlimited
JV (Pom/Jazz/Hip Hop/Kick)	9 <sup>th</sup> – 11 <sup>th</sup> grade	Female/Male	Unlimited
Varsity (Pom/Jazz/Hip Hop/Kick)	9 <sup>th</sup> – 12 <sup>th</sup> grade	Female/Male	Unlimited
<b>All Star (The age of the competitor as of August 31, 2013)</b>			
Tiny (Pom/Jazz/Hip Hop)	6 years old & younger	Female/Male	Unlimited
Mini (Pom/Jazz/Hip Hop)	9 years & younger	Female/Male	Unlimited
Youth (Pom/Jazz/Hip Hop)	12 years & younger	Female/Male	Unlimited
Junior (Pom/Jazz/Hip Hop)	15 years & younger	Female/Male	Unlimited
Senior (Pom/Jazz/Hip Hop)	18 years & younger	Female	Unlimited
Senior Coed (Pom/Jazz/Hip Hop)	18 years & younger	Female/Male	1 or more males
Open (Pom/Jazz/Hip Hop)	18 years and older	Female	Unlimited
Open Coed (Pom/Jazz/Hip Hop)	18 years and older	Female/Male	1 or more males